

# WMUK Regional Patient Summit – Wales

Friday 16 May 2025

Clayton Hotel, Penarth Rd, Cardiff, CF10 1RH

TIME	SESSION	SPEAKER
10.00am	Coffee and Registration	All
10.30am	Welcome and Introductions	WMUK
10.45am	An Overview of WM Diagnosis and Treatment Options in the UK in 2025	Dr Nilma Parry-Jones, Consultant Haematologist. Aneurin Bevan University Health Board
11.45am	Coffee Break	
12.00pm	Benefits of Yoga on Mobility and Living Well with WM	Sarah Callus, Lazy Yoga
12.45pm	Lunch	
1.30pm	Role of CNS and How to Put the 'Active' into Active Monitoring.	Charlotte Bloodworth, Haematology CNS Nurse Hywel Dda UHB
2.30pm	How Charities Can Support You	Beth and Alison, WMUK, Samantha Holliday, Maggie's, Rhian Jones, Tenovus
3.00pm	Mingling Session With All Organisations and Speakers	All
3.45pm	Closing Remarks	WMUK
4.00pm	Event Ends	

# SPEAKERS



## **Charlotte Bloodworth, Lead Haematology CNS**

Charlotte is the Lead Haematology Clinical Nurse Specialist in Hywel Dda University Health Board. She has more than 20 years' experience as a Haematology Nurse.



## **Sarah Callus, Lazy Yoga**

Sarah Callus is a Cardiff-based founder of Lazy Yoga with a mission is to break down the barriers that often make yoga feel intimidating. Through her classes, she creates a supportive community where everyone is encouraged to move at their own pace.



## **Alison McKinney, Chief Nursing Officer, WMUK**

Alison McKinney is a fully qualified Registered Nurse (RCN) with extensive experience. Before joining WMUK, she worked supporting patients through a wide range of cancer diagnoses and treatment pathways.



## **Dr Nilma Parry-Jones, Haematologist, Aneurin Bevan UHB**

Nilima as a haematologist in London and joined the Consultant staff of Aneurin Bevan UHB in 2005. She specialises in lymphoma and has a particular interest in 'low grade' lymphomas including Waldenstrom's macroglobulinaemia.



## **Tenovus Cancer Care**

Tenovus is a Welsh charity that offers information, advice and specialist support to everyone facing cancer who needs it.



## **Maggie's Cancer Centre**

Through their centres across the UK, Maggie's provide emotional support and practical advice for anyone coping with cancer. Their welcoming hubs are a world away from hospital environments.



## **Beth Webster, Clinical Support Nurse, WMUK**

Beth has 12 years' of experience as a nurse, including four years working directly in haematology. She has extensive experience supporting WM patients—both on a haematology day unit and as a Lymphoma Clinical Nurse Specialist.